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NORTHWEST CANCER SPECIALISTS HEROES PROGRAM
Health and Educational Resources for Our Exceptional Survivors

*The NCS Survivorship Program focuses on Education
and a Multidisciplinary Approach*

PORTLAND, Ore., June 2, 2011 – Northwest Cancer Specialists (NCS) initiated the NCS HEROES program (Health and Educational Resources for Our Exceptional Survivors) to provide an integrative model of care for our patients.

Early assistance with potential emotional and physical issues has been proven to help patients better tolerate chemotherapy. It also helps cancer treatments to be more effective as it eases the patient's journey through care. In the program, NCS recognizes the complex needs after cancer treatment and the importance of surveillance, prevention and education so our patients can be the strongest advocate for their integrated continuing care.

The HEROES program also offers free activities such as group Zumba, Yoga and Pilates classes and access to reliable and safe online or local resources that have been compiled by our clinical staff.

"Cancer survivors show incredible resilience day by day to overcome difficult and often painful procedures, chemotherapies and radiotherapy. We don't want to let them drop at the end of their treatment, but rather help with multiple resources to regain their stamina" said Magdolna Solti, MD, director of the HEROES Program at Northwest Cancer Specialists. "We partner with nonprofit organizations in our community to bring education on nutrition, self care and advocacy for our survivors. Our doctors, nurses and social workers are compassionate about supporting patients through all phases of their journey. The number of cancer survivors is expected to double in the next decade, and we want to lead the way in serving their needs. "

About Northwest Cancer Specialists

Northwest Cancer Specialists is a regional oncology and hematology practice with a dedicated team of over 40 medical oncologists, hematologists, gynecologic oncologists and radiation oncologists seeing patients at seven locations in the Portland-Vancouver metropolitan area. For more information, please visit, www.nwcancer.com.

Northwest Cancer Specialists is united in healing with US Oncology, supporting the nation's foremost cancer treatment and research network to accelerate the availability and use of evidence-based medicine and shared best practices. For more information, visit the company's Website, www.usoncology.com.

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